
Individual Meet Results
2010 CENTRAL REGION S.C. CHAMPS 04-Feb-10 to 07-Feb-10 SC Meters
Location: ETOBICOKE OLYMPIUM
Milton Marlin Swim Team [MMST] Coach: James Brough

Time	F/P/S	Event	Place	Points	Improv
CHRISTIAN ARSENEAU (13) B					
5:07.03S	B F # 6C	Boys 13-13 400 FREE	35	---	-2.07
2:43.55S	B F # 26B	Boys 13-13 200 IM	30	---	0.03
2:49.50S	B F # 42B	Boys 13-13 200 FLY	16	---	-5.85
1:29.13S	C F # 78B	Boys 13-13 100 BREAST	20	---	2.72
5:49.94S	B F # 90B	Boys 13-13 400 IM	30	---	0.40
NATHAN CHASSE (11) B					
1:47.14S	C F # 76	Boys 11 & Under 100 BREAST	31	---	-0.52
35.33S	C F # 80	Boys 11 & Under 50 FREE	49	---	-0.48
GRETE COX (17) G					
2:26.80S	Prov F # 3C	Girls 15 & Over 200 IM	2	11	1.12
2:29.31S	A P # 3C	Girls 15 & Over 200 IM	3	---	3.63
X 1:06.10S	Prov P # 13C	Girls 15 & Over 100 BACK	---	---	3.37
X 2:22.07S	Prov P # 51C	Girls 15 & Over 200 BACK	---	---	5.70
AISLINN FISHER (14) G					
10:39.08S	B F # 1D	Girls 14-14 800 FREE	24	---	11.87
1:07.66S	B P # 9B	Girls 14-14 100 FREE	37	---	-0.09
5:57.74S	C F # 21B	Girls 14-14 400 IM	21	---	-3.11
2:27.34S	B P # 47B	Girls 14-14 200 FREE	36	---	-2.24
30.71S	B P # 55B	Girls 14-14 50 FREE	28	---	0.11
EMILIE GAGNE (11) G					
3:12.82S	C F # 25A	Girls 11-11 200 IM	35	---	0.98
1:25.34S	B F # 37A	Girls 11-11 100 BACK	21	---	0.67
SARAH GILLARD (14) G					
4:34.78S	Prov F # 7B	Girls 14-14 400 FREE	1	15	-7.03
2:35.24S	Prov F # 15B	Girls 14-14 200 FLY	2	11	-8.40
2:36.26S	Prov P # 15B	Girls 14-14 200 FLY	1	---	-7.38
1:10.43S	Prov F # 49B	Girls 14-14 100 FLY	3	7	-2.14
1:11.23S	A P # 49B	Girls 14-14 100 FLY	3	---	-1.34
28.81S	A F # 55B	Girls 14-14 50 FREE	3	7	-1.44
28.91S	A P # 55B	Girls 14-14 50 FREE	2	---	-1.34
33.40S	F # 549B	Girls 14-14 50 FLY		---	-0.21
ERYN HOWLETT (14) G					
1:06.27S	B P # 9B	Girls 14-14 100 FREE	23	---	0.32
6:00.47S	C F # 21B	Girls 14-14 400 IM	23	---	-5.70
SILKE HYNES (17) G					
1:06.06S	B P # 9C	Girls 15 & Over 100 FREE	46	---	3.00
1:12.50S	B P # 49C	Girls 15 & Over 100 FLY	15	---	2.30
30.05S	B P # 55C	Girls 15 & Over 50 FREE	33	---	1.04
JADE LACSAMANA (14) G					
2:36.82S	A P # 3B	Girls 14-14 200 IM	11	---	0.94
1:05.66S	B P # 9B	Girls 14-14 100 FREE	20	---	-0.49
X 1:08.75S	Prov P # 13B	Girls 14-14 100 BACK	---	---	0.30
29.88S	A F # 17	200 Free Relay Lead Off	---	---	-0.33
X 2:29.89S	Prov P # 51B	Girls 14-14 200 BACK	---	---	4.57
30.11S	A P # 55B	Girls 14-14 50 FREE	18	---	-0.10

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Time	F/P/S	Event	Place	Points	Improv
33.87S	P # 503B	Girls 14-14 50 FLY		---	-0.44
JASON LACSAMANA (12) B					
2:58.30S	C F # 26A	Boys 12-12 200 IM	39	---	-6.26
1:17.84S	A F # 38A	Boys 12-12 100 BACK	11	---	0.55
2:44.12S	A F # 74A	Boys 12-12 200 BACK	7	2	-4.59
32.03S	B F # 82A	Boys 12-12 50 FREE	26	---	-0.04
37.01S	F # 86	200 Medley Relay Lead Off	---	---	0.42
37.51S	F # 526A	Boys 12-12 50 FLY		---	-0.67
CHRISTOPHER LEEDER (16) B					
57.36S	A P # 10C	Boys 16 & Over 100 FREE	17	---	-0.22
1:06.00S	A P # 14C	Boys 16 & Over 100 BACK	12	---	-1.67
X 26.42S	A F # 20	200 Free Relay Lead Off	---	---	-0.20
2:01.47S	A P # 48C	Boys 16 & Over 200 FREE	4	---	-3.19
2:02.17S	A F # 48C	Boys 16 & Over 200 FREE	6	3	-2.49
CONNOR LEWIS (12) B					
5:13.08S	A F # 6B	Boys 12-12 400 FREE	16	---	-20.10
2:53.55S	B F # 26A	Boys 12-12 200 IM	25	---	-2.10
3:07.36S	A F # 34A	Boys 12-12 200 BREAST	12	---	-0.55
32.57S	B F # 46	200 Free Relay Lead Off	---	---	0.15
2:29.94S	B F # 66A	Boys 12-12 200 FREE	18	---	-1.88
32.06S	B F # 82A	Boys 12-12 50 FREE	27	---	-0.36
40.60S	F # 526A	Boys 12-12 50 FLY		---	-2.50
RACHEL MCCAIG (12) G					
10:46.09S	A F # 1B	Girls 12-12 800 FREE	14	---	-24.16
2:55.89S	B F # 25B	Girls 12-12 200 IM	29	---	-0.65
1:08.84S	A F # 29B	Girls 12-12 100 FREE	11	---	-1.81
2:28.08S	A F # 65B	Girls 12-12 200 FREE	12	---	-3.82
31.92S	B F # 81B	Girls 12-12 50 FREE	15	---	-0.79
6:11.98S	B F # 89B	Girls 12-12 400 IM	21	---	-9.26
5:19.85S	B F # 001B	Girls 12-12 400 FREE		---	-15.57
38.80S	F # 525B	Girls 12-12 50 FLY		---	-0.04
JULIA MCKENNA (10) G					
1:23.40S	C F # 27	Girls 10 & Under 100 FREE	27	---	-0.56
1:32.59S	B F # 35	Girls 10 & Under 100 BACK	21	---	-0.37
3:01.75S	C F # 63	Girls 10 & Under 200 FREE	34	---	-1.19
37.39S	C F # 79	Girls 10 & Under 50 FREE	30	---	-0.33
JACQUELINE MIHALEK (17) G					
2:54.40S	A P # 11C	Girls 15 & Over 200 BREAST	10	---	1.11
2:29.79S	C P # 47C	Girls 15 & Over 200 FREE	66	---	2.23
1:21.99S	B P # 53C	Girls 15 & Over 100 BREAST	19	---	1.75
COLIN SCARFFE (15) B					
58.94S	A P # 10B	Boys 15-15 100 FREE	12	---	-1.31
5:22.37S	B F # 22B	Boys 15-15 400 IM	16	---	-12.79
2:07.56S	A F # 48B	Boys 15-15 200 FREE	6	3	-0.17
2:07.95S	A P # 48B	Boys 15-15 200 FREE	7	---	0.22

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Time	F/P/S	Event	Place	Points	Improv
17:56.19S	Prov F # 62B	Boys 15-15 1500 FREE	1	15	-3.36
1:11.73S	C F # 022B	Boys 15-15 100 FLY		---	-1.26
JOHN SWAN (16) B					
58.42S	A P # 10C	Boys 16 & Over 100 FREE	34	---	-0.14
X 2:18.41S	Prov P # 16C	Boys 16 & Over 200 FLY	---	---	3.51
X 1:00.76S	Prov P # 50C	Boys 16 & Over 100 FLY	---	---	0.39
26.83S	A P # 56C	Boys 16 & Over 50 FREE	28	---	0.48
LUKA TESLA (11) B					
3:12.78S	C F # 24	Boys 11 & Under 200 IM	50	---	-4.20
1:16.74S	B F # 28	Boys 11 & Under 100 FREE	35	---	0.13
1:30.03S	C F # 36	Boys 11 & Under 100 BACK	34	---	-0.43
2:48.87S	C F # 64	Boys 11 & Under 200 FREE	42	---	-6.30
34.41S	B F # 80	Boys 11 & Under 50 FREE	38	---	0.25
41.50S	F # 524	Boys 11 & Under 50 FLY		---	-1.58
COLM WHITFORD (16) B					
2:21.80S	A P # 4C	Boys 16 & Over 200 IM	11	---	1.78
56.18S	A P # 10C	Boys 16 & Over 100 FREE	3	---	0.04
56.70S	A F # 10C	Boys 16 & Over 100 FREE	5	3.5	0.56
1:04.60S	A P # 14C	Boys 16 & Over 100 BACK	5	---	1.77
1:04.77S	A F # 14C	Boys 16 & Over 100 BACK	7	2	1.94
2:09.90S	B P # 48C	Boys 16 & Over 200 FREE	28	---	7.36
25.90S	A P # 56C	Boys 16 & Over 50 FREE	7	---	-0.13
25.90S	A F # 56C	Boys 16 & Over 50 FREE	7	2	-0.13
JACK WHITFORD (11) B					
5:30.33S	A F # 6A	Boys 11 & Under 400 FREE	10	---	-1.79
2:55.87S	DQ F # 24	Boys 11 & Under 200 IM	---	---	---
1:19.92S	Prov F # 36	Boys 11 & Under 100 BACK	3	7	-1.51
2:37.35S	A F # 64	Boys 11 & Under 200 FREE	15	---	-1.04
1:41.38S	B F # 76	Boys 11 & Under 100 BREAST	23	---	-1.27
33.40S	A F # 80	Boys 11 & Under 50 FREE	25	---	0.14
39.10S	F # 536	Boys 11 & Under 50 BACK		---	-0.62
47.89S	F # 576	Boys 11 & Under 50 BREAST		---	-0.82